

## **Alamo Senior Advisory Committee**

in partnership with South Texas APS Community Board
Presents

## EDUCATION EXPEDITIONS NAVIGATING THE JOURNEY OF AGING

Join us for this exclusive event for older adults and/or their caregivers, where we will offer information and resources to help you on the path to successful aging!



## FREE EVENT! RSVP NOW

Date: Tuesday, July 15, 2025

Time: 10am - 1pm \* Lunch Included \*

**Topics:** 

- How to Make the Best of What's in Your Pantry--or Your Garden!
- Understanding Care Options
- Elder Abuse & Fraud Awareness

**Location:** Gillespie County AgriLife Extension Office 38 Business Ct, Fredericksburg, TX 78624

## **FREE Registration - Limited Seating**

RSVP (by 7/7 or until filled): scan QR code or go to <a href="https://www.surveymonkey.com/r/Bandera-Gillespie-Kendall-Kerr2025">https://www.surveymonkey.com/r/Bandera-Gillespie-Kendall-Kerr2025</a>
Questions? Call Paula Riggs @ 210-362-5273

